



**Parenting & Childcare  
Seminar Calendar  
Fall 2005**

## **Learn from the Experts...**

Congratulations on taking steps to further improving the lives of your family members!

Effective Parenting is wisely considered to be the most challenging task most adults will face. It is a lifetime commitment that demands the best of your intellectual, physical, and emotional skills. In Expatriate communities, this task becomes even more challenging as families are often isolated from extended family networks, parenting resources, and familiar religious and cultural communities.

Learn techniques and tools from the Experts on how to take the stress out of everyday parenting and childcare and provide a positive environment for your children to blossom socially, emotionally, and intellectually.

Tina Stephenson  
Programme Director  
Early Years Network

# Table of Contents

|   |          |
|---|----------|
| <b>Seminars</b> .....   | <b>4</b> |
| <i>Effective Positive Discipline Strategies from the Experts</i> .....                  | 4        |
| <i>Parenting Through the 10 Most Common Behaviour Challenges from the Experts</i> ..... | 4        |
| <i>Kids' Kulture: The Secret Language of Children from the Experts</i> .....            | 4        |
| <i>Creating Creativity from the Experts</i> .....                                       | 5        |
| <i>Maximizing Your Child's Learning Ability from the Experts</i> .....                  | 6        |
| <b>Seminar Series</b> .....   | <b>7</b> |
| <i>Child Behaviour Management For Parents from the Experts</i> .....                    | 7        |
| <i>Effective Childcare for Domestic Helpers from the Experts</i> .....                  | 7        |
| <b>Registration Guide</b> .....   | <b>8</b> |
| <i>Registration Procedures</i> .....  | 8        |
| <i>Registration Form</i> .....  | 9        |
| <i>Terms &amp; Conditions</i> .....   | 9        |

## Seminars

### Effective Positive Discipline Strategies *from the Experts*

*Is disciplining your child...Frustrating? Filled with anger? Plagued with guilt?  
Want it to stop? Learn how the Experts do it.*

|                        |  |
|------------------------|--|
| Program Code:          | CBM201E  |
| Requirements:          | Recommended co-requisite CBM202E   |
| Mode of Delivery:      | Face-to-face sessions complemented with Experiential Learning activities   |
| Medium of Instruction: | English; Learning materials and worksheets in English  |
| Duration:              | 3 hours  |
| Time:                  | 1:30pm to 4:30pm   |
| Date(s):               | Session #1: Saturday, Sept 10 <sup>th</sup> , 2005 (Registration Deadline: Aug 27 <sup>th</sup> )<br>Session #2: Saturday, Nov 5 <sup>th</sup> , 2005 (Registration Deadline: Oct 22 <sup>nd</sup> ) |
| Venue:                 | HK Polytechnic University  |
| Tuition Fees:          | HK\$500 (includes all course materials & certificate)  |

Participants will gain a range of Effective Positive Discipline Strategies used by professionals and parents for children of all ages. In addition, participants will develop the ability to identify and manage the root causes of problem behaviours and will learn problem solving communication strategies.

#### Course Topics:

- ✓ Effective Positive Reinforcement
- ✓ Using Rewards and Privileges effectively
- ✓ Effectively using the Ignore Strategy
- ✓ Time Out and 1, 2, 3 Magic Strategies
- ✓ Behaviour Management Games

### Parenting Through the 10 Most Common Behaviour Challenges *from the Experts*

*Does your Child...Not listen? Hit? Bite? Lie? Grab toys? Throw temper tantrums?  
Want it to stop? Learn how the Experts do it.*

|                        |   |
|------------------------|---|
| Program Code:          | CBM202E   |
| Requirements:          | Recommended co-requisite CBM201E  |
| Mode of Delivery:      | Face-to-face sessions with Experiential Learning activities   |
| Medium of Instruction: | English; Learning materials and worksheets in English   |
| Duration:              | 3 hours   |
| Time:                  | 1:30pm to 4:30pm  |
| Date(s):               | Session #1: Saturday, Sept 17 <sup>th</sup> , 2005 (Registration Deadline: Sept 3 <sup>rd</sup> )<br>Session #2: Saturday, Nov 12 <sup>th</sup> , 2005 (Registration Deadline: Oct 29 <sup>th</sup> ) |
| Venue:                 | HK Polytechnic University   |
| Tuition Fees:          | HK\$500 (includes all course materials & certificate)   |

Participants will learn from the professionals how to identify and manage the 10 Most Common Behaviour Challenges common to children of a wide range of ages. In addition, participants will develop the ability to identify and manage the root causes of problem behaviours and will learn problem solving communication strategies.

#### Course Topics:

- ✓ Lying
- ✓ Stealing
- ✓ Behaviour in Public
- ✓ Dawdling
- ✓ Hyperactivity, Impulsiveness, and Short Attention Spans
- ✓ Sibling Rivalry
- ✓ Child Disobedience
- ✓ Bedtime and Mealtime Resistance
- ✓ Tough Transitions (large and small)
- ✓ Media Addicts (TV, Video Games, Cell Phones)

## **Kids' Kulture: The Secret Language of Children *from the Experts***

|                        |   |
|------------------------|---|
| Program Code:          | ECE201E   |
| Requirements:          | Recommended co-requisite ECE202E & ECE203E  |
| Mode of Delivery:      | Face-to-face sessions with Experiential Learning activities   |
| Medium of Instruction: | English; Learning materials and worksheets in English   |
| Duration:              | 3 hours   |
| Time:                  | 1:30pm to 4:30pm  |
| Date(s):               | Session #1: Saturday, Sept 24 <sup>th</sup> , 2005 (Registration Deadline: Sept 10 <sup>th</sup> )<br>Session #2: Saturday, Nov 19 <sup>th</sup> , 2005 (Registration Deadline: Nov 5 <sup>th</sup> ) |
| Venue:                 | HK Polytechnic University   |
| Tuition Fees:          | HK\$500 (includes all course materials & certificate)   |

When children are understood by their parents, they are more confident, creative, and socially and academically successful. This highly practical and interactive course will help parents to better assess, understand, and manage the communication style of their child. In addition, participants will learn from the Experts on how to communicate effectively with their child, while at the same time gain the opportunity to have a lifetime of open and honest communication.

### Course Topics:

- ✓ The Secret Language of Children
- ✓ Communication: Ages and Stages
- ✓ Understanding your Child's Communication Style
- ✓ Communicating for a Lifetime
- ✓ The Friendship Factor

## **Creating Creativity *from the Experts***

|                        |   |
|------------------------|---|
| Program Code:          | ECE202E   |
| Requirements:          | Recommended co-requisite ECE201E & ECE203E  |
| Mode of Delivery:      | Face-to-face sessions with Experiential Learning activities   |
| Medium of Instruction: | English; Learning materials and worksheets in English   |
| Duration:              | 3 hours   |
| Time:                  | 1:30pm to 4:30pm  |
| Date(s):               | Session #1: Saturday, Oct 22 <sup>nd</sup> , 2005 (Registration Deadline: Oct 8 <sup>th</sup> )<br>Session #2: Saturday, Nov 26 <sup>th</sup> , 2005 (Registration Deadline: Nov 12 <sup>th</sup> ) |
| Venue:                 | HK Polytechnic University   |
| Tuition Fees:          | HK\$500 (includes all course materials & certificate)   |

Creative Children are more academically and socially successful. In this intensive, interactive, and practical course, participants will learn a variety of strategies used by Academic and Child Behaviour Experts to encourage your child's natural creativity and love of learning.

### Course Topics:

- ✓ Identifying and Fostering Creativity
- ✓ Creating a lifetime of Creativity
- ✓ The Creative Environment
- ✓ How Children learn through Play
- ✓ Creative Communication

## Maximizing Your Child's Learning Ability *from the Experts*

|                        |   |
|------------------------|---|
| Program Code:          | ECE203E   |
| Requirements:          | Recommended co-requisite ECE201E & ECE202E  |
| Mode of Delivery:      | Face-to-face sessions with Experiential Learning activities   |
| Medium of Instruction: | English; Learning materials and worksheets in English   |
| Duration:              | 3 hours   |
| Time:                  | 1:30pm to 4:30pm  |
| Date(s):               | Session #1: Saturday, Oct 29 <sup>th</sup> , 2005 (Registration Deadline: Oct 15 <sup>th</sup> )<br>Session #2: Saturday, Dec 3 <sup>rd</sup> , 2005 (Registration Deadline: Nov 19 <sup>th</sup> ) |
| Venue:                 | HK Polytechnic University   |
| Tuition Fees:          | HK\$500 (includes all course materials & certificate)   |

This seminar will teach parents strategies to help their children harness their learning potential. In addition, participants will gain expert advice on selecting the best toys, games, and activities as well as learn to assess and manage their child's learning style.

### Course Topics:

- ✓ Understanding your Child's Learning Potential
- ✓ How Children Learn
- ✓ Identifying your Child's Learning Style
- ✓ Maximizing your Child's Learning Style
- ✓ Getting the most out of Parent-Teacher Communication

## Seminar Series

### Child Behaviour Management For Parents *from the Experts*

|                        |  |
|------------------------|--|
| Program Code:          | CBM281E  |
| Mode of Delivery:      | Face-to-face sessions with Experiential Learning activities  |
| Medium of Instruction: | English; Learning materials and worksheets in English  |
| Duration:              | 15 hours (3 hours over 5 Saturdays)  |
| Time:                  | 1:30pm to 4:30pm   |
| Date(s):               | Session #1: Saturday, Sept 10 <sup>th</sup> , 2005 (Registration Deadline: Aug 27 <sup>th</sup> )<br>Session #2: Saturday, Nov 5 <sup>th</sup> , 2005 (Registration Deadline: Oct 22 <sup>nd</sup> ) |
| Venue:                 | HK Polytechnic University  |
| Tuition Fees:          | HK\$1,800 (includes all course materials & certificates)   |

This Seminar Series will provide parents with the foundational skills to effective Child Behaviour Management.

This program is composed of the following Seminars:

- ✓ Effective Positive Discipline Strategies *from the Experts*
- ✓ 10 Most Common Behaviour Challenges *from the Experts*
- ✓ Kids' Kulture: The Secret Language of Children *from the Experts*
- ✓ Creating Creativity *from the Experts*
- ✓ Maximizing Your Child's Learning Ability *from the Experts*

### Effective Childcare for Domestic Helpers *from the Experts*

|                        |  |
|------------------------|--|
| Program Code:          | CBM381E  |
| Requirements:          | 1 year experience with Children  |
| Mode of Delivery:      | Face-to-face sessions with Experiential Learning activities  |
| Medium of Instruction: | English; Learning materials and worksheets in English  |
| Duration:              | 15 hours (3 hours over 5 Saturdays)  |
| Time:                  | 1:30pm to 4:30pm   |
| Date(s):               | Session #1: Saturday, Sept 10 <sup>th</sup> , 2005 (Registration Deadline: Aug 27 <sup>th</sup> )<br>Session #2: Saturday, Nov 5 <sup>th</sup> , 2005 (Registration Deadline: Oct 22 <sup>nd</sup> ) |
| Venue:                 | HK Polytechnic University  |
| Tuition Fees:          | HK\$1,800 (includes all course materials & certificates)   |

Hong Kong moves at a feverish pace and parents need help to manage. Helpers are recruited from countries all over Asia, countries with a wide variety of norms, values, and expectations about Child Behaviour. Establishing positive and practical parenting techniques for your child is often challenging in itself; effectively translating those evolving behaviour management expectations to your Help at home can be incredibly difficult for already busy parents.

Course Topics:

- ✓ 10 Most Common Behaviour Management Problems
- ✓ Effective Positive Discipline Strategies
- ✓ Cross-Cultural Connections: The Unwritten Norms of Western Parenting
- ✓ The Child's Village: Connecting Parents, Family, Teachers, and Others
- ✓ Fostering Creativity and Academic Advantage

# Registration Guide

## Registration Procedures

### Step 1: Register

Advanced registration is required. To enroll in Seminars/Seminar Series, applicants may apply:

1. Via the online registration form <<http://www.Early-Years-Network.com/registrationform.php>>,
2. Via fax to +852 30141379, or
3. Via post. Send the registration form to:

Early Years Network  
Registration Centre  
P.O. Box 173 Sai Kung Post Office  
Sai Kung, N.T.

### Step 2: Pay Tuition

Payment can be made by the following methods:

1. A crossed cheque payable to “Early Years Network”, or
2. Direct deposit of fees through HSBC:

Account Name: Early Years Network  
Account #: 400-176459-838

Please inform us with the payee account number, deposit/transfer reference number, and date of deposit/transfer by:

1. Email at <[Registration@Early-Years-Network.com](mailto:Registration@Early-Years-Network.com)>, or
2. Fax at +852 30141379

### Step 3: Enrolment Confirmation

A completed application form along with the fee payment details should reach us on or before the registration deadline. Confirmation of registration will be sent to the participant once fees are received in full. Confirmation will be sent in writing by email, fax, or post.

## Registration Form

(Fax to +852 30141379)

Participant's Details:     Mrs.         Ms.         Miss         Mr.

|                     |  |
|---------------------|--|
| Name:               |  |
| Telephone (Mobile): |  |

Contact Details:         Mrs.         Ms.         Miss         Mr.

|                            |  |   |  |   |
|----------------------------|--|---|--|---|
| Name:                      |  |   |  |   |
| Address:                   |  |   |  |   |
|                            | <input type="checkbox"/> HK  | <input type="checkbox"/> Kowloon  | <input type="checkbox"/> N.T.  | <input type="checkbox"/> Outlying Islands |
| Telephone (Home):          |  | Fax:  |  |   |
| Email:                     |  |   |  |   |
| Seminar(s):                |  |   |  |   |
| Date (DD/MM/YY):           |  | Fees Paid:  | <input type="checkbox"/> Cheque<br><input type="checkbox"/> Direct Deposit                               |   |
| Age of Children:           | #1:  | #2:   | #3:  | #4:        #5:                            |
| How did you hear about us? | <input type="checkbox"/> Parents' Journal<br><input type="checkbox"/> SCMP Newspaper<br><input type="checkbox"/> Dollarsaver | <input type="checkbox"/> HK Univ. Science & Tech<br><input type="checkbox"/> Canadian Club<br><input type="checkbox"/> Friend | <input type="checkbox"/> HK PolyU<br><input type="checkbox"/> CanCham<br><input type="checkbox"/> Other: |   |

## Terms & Conditions

- Places are offered on a first-come-first-serve basis.
- Seats will be confirmed in writing only upon receipt of seminar fees.
- Withdrawal:  
Please inform us in writing of any changes in your registration. If notice of withdrawal is given in writing two weeks or more before commencement of the seminar, a withdrawal fee of \$200 is applicable. Should the withdrawal be made in writing less than two weeks before the commencement of the seminar, 50% of the seminar fees will be refunded. No refund will be given after commencement of the seminar.
- Cancellation:  
Early Years Network reserves the right to cancel or postpone the course due to unforeseen circumstances. In such circumstances, fees will be refunded on a prorata basis for the sessions missed. All fees, terms and conditions are subject to change without notice.
- Enrollment fee for a Seminar/Seminar Series includes all course materials and worksheets. Promotional discounts are applicable only to CBM281E and CBM381E unless otherwise stated.
- All participants who complete a Seminar/Seminar Series will receive an official Early Years Network Certificate.